

DAYS AT THE BEACH/ MUSIC APPRECIATION

Locations:

Drop off – 10:00 AM: All Children are to be dropped off at Bay Street cul-de-sac on Santa Monica Beach, just south of the Santa Monica Pier by 10:00 am. (Take Pico Blvd. west until it dead ends at the beach. Turn left, then turn right onto Bay street where you may turn around and our group will be waiting at the end until we are all together.)

Pick up - 2:00	Children will be picked up at: 1748 16th Street Apt. B Santa Monica, CA 90404
Things to Bring	Towel, Dry changes of clothes, Lunch, Favorite Music CD, sunscreen

2010 ITINERARY

Tuesday, August 3

- 10:00 – 10:15 - Meet and Greet/ Group Orientation
- 10:15 – 10:45 – Warm up circle, Beach play ground/obstacle course (Rings monkey bars, parallel bars, and beams)
- 10:45 – 11:45 - Sand castles building, Seashell collecting and water play.
- 11:45 – 12:00 – Rinse off and pack up to head back for music class
- 12:00 – 12:30 – Lunch to group’s choice of music (Child must pack own lunch)
- 12:30 – 1:00- Music warm up (Dance and Movement) Group choice of selected music.
- 1:00 - 1:45 - Instrument exploration and Jam session

Thursday, August 5

- 10:00 - Meet and Greet/ Group Orientation
- 10:15 – 10:30– Warm up circle, Introduction to surfing experience!
- 10:30 – 12:00 – Surfing
- 12:00 – 12:30 – Lunch (Packed lunch)
- 12:30 – 1:00 – Rinse off and pack up to head back for music class
- 1:00 – 1:15 – Travel to Music lessons
- 1:30 – 2:00- Music warm up (Dance and Movement) Focused on Drums and music tempo
- 2:00 – 2:15 – Percussion exploration and drum circle
- 2:15 – 2:30 – Cool Down, breathing and pick up!

Tuesday, August 10

10:00 - Meeting point in parking lot.

10:15 – 10:45 – Warm up circle, Beach ball play (choice between kick ball, football, volley ball, water balloon toss)

10:45 – 11:30 - Choice between water play and Canvas painting on Beach

11:30 – 12:00 – Rinse off and pack up to head back for music class

12:00 – 12:15 – Travel to Music lessons

12:15 – 12:45- Lunch to musical background

12:45 – 1:15 - Music warm up (Dance and Movement) to child-selected music.

1:15- 1:45 - Instrument exploration

1:45 -2:00 – Cool down, stretch and pick up!

Thursday, August 12

10:00 - Meeting point in parking lot.

10:15 – 10:30– Warm up circle, Orientation to surfing experience!

10:30 – 12:30– Surfing – water play and sand castle building

12:30 – 1:00 – Rinse off and pack up to head back for music class

1:00 – 1:30 – Travel to Music lessons

1:30 – 2:00- Music warm up (Dance and Movement) Focused of Drums and music tempo

2:00 – 2:15 – Percussion exploration and drum circle

2:15 – 2:30 – Cool Down, breathing and pick up!



Tuesday, August 17

10:00 - Meet and Greet Group orientation.

10:15 – 10:45 – Warm up circle, Beach play ground obstacle course (Rings monkey bars, parallel bars, and beams)

10:45 – 11:45 - Sand castles building, Beach relays and water play.

11:45 – 12:00 – Rinse off and pack up to head back for music class

12:00 – 12:30 – Lunch with Music

12:30 – 1:00 - Music warm up (Dance and Movement) to child-selected music.

1:15 – 1:45 – Instrument exploration and Jam session.

1:45 – 2:00 - Cool Down breathing and stretch, Parent pick up!

Thursday, August 19

10:00- 10:15 – Meet and Greet /Group orientation

10:15 – 11:00 – Kite Flying Experience

11:00 – 11:45 - Choice between water play and Canvas painting on Beach

11:45 – 12:00 – Rinse off and pack up to head back for music class

12:00 – 12:30 – Lunch with Music background

12:30 – 1:00 - - Music warm up (Dance and Movement) to child selected music.

1:00– 1:45 – Instrument exploration and Jam session.

1:45 – 2:00 - Cool Down breathing and stretch

2:00 – Parent pick up!

Tuesday, August 24

10:00 – 10:15 – Meet and Greet/ Group orientation

10:15 – 10:45 – Swings, rings, monkey bars etc. Follow the leader.

10:45 – 11:00 – Walk to the Pier

11:00 – 11:30 – Roller coaster or Bungee jumper (child must have \$5.00)

12:00 – Head back to Music and movement Jam Session!

2:30 – Pick up

Thursday, August 26

10:00 – 10:15 - Meet and Greet/ group orientation

10:15 – 11:00– Walk to pier/ stopping at swings and playground first.

11:00 – 11:30 – Volleyball game

11:30- 12:30 - Water play and last surf experience!

12:30-1:30 – lunch at the beach

Tuesday, August 31:

Last Day of Camp Celebration: Options to be determined by children throughout the month: More Rides at the pier, Water play, Pier aquarium etc.

Please pick and choose from any Beach/ Music Days that your child may want to be a part of. Special guests and music specialist will be joining us for additional Surf and Music experiences.

