

## Music and Beach Camp Itinerary and Information

### Locations:

#### Drop off – 10:00 AM:

All Children are to be dropped off at Bay Street cul-de-sac on Santa Monica Beach, just south of the Santa Monica Pier by 10:00 am.

Bay Street Cul-de-Sac: [Click Here to View Map](#)

(Take Pico Blvd. west until it dead ends at the beach. Turn left, then turn right onto Bay street where you may turn around and our group will be waiting at the end until we are all together.)

#### Pick up - 2:00

### Things to Bring:

Towel, dry changes of clothes, lunch, favorite music CD, sunscreen.

## 2011 ITINERARY

### Monday, August 1

10:00 – 10:15 - Meet and Greet/ Group Orientation

10:15 – 10:45 – Warm up circle, Beach play ground/obstacle course (Rings monkey bars, parallel bars, and beams)

10:45 – 11:45 - Sand castles building, Seashell collecting and water play.

11:45 – 12:00 – Rinse off and pack up to head back for music class

12:00 – 12:30 – Lunch to group's choice of music (Child must pack own lunch)

12:30 – 1:00- Music warm up (Dance and Movement) Group choice of selected music.

1:00 – 2:00 - Guitar exploration and Jam session.

### Wednesday, August 3

10:00 - Meet and Greet/ Group Orientation

10:15 – 11:00 – Martial Arts Warm up and lesson of the day in the park!

11:00 – 12:00 – To the beach we go!

12:00 – 12:30 – Lunch (Packed lunch)

12:30 – 1:00 – Rinse off and pack up to head back to park for music class

1:00 – 1:15 – Music lesson set up (free time/bathroom break)

1:15 – 2:00- Music warm up (Dance and Movement) Focused on Drums and music tempo and battle scene music.



### **Friday, August 5**

10:00 - Meeting point in parking lot.  
10:15 – 10:30– Warm up circle, Orientation to surfing experience!  
10:30 – 12:30– Surfing – water play and sand castle building  
12:30 – 1:00 – Rinse off and Lunch  
1:00 – 1:30 – Music lessons  
1:30 – 2:00- Music warm up (Dance and Movement) Focus on rhythms  
2:00 – 2:15 – Free form Music session.  
2:15 – 2:30 – Cool Down, breathing & pick up.

### **Wednesday, August 10**

10:00 - Meet and Greet Group orientation.  
10:15 – 11:15 – Martial Arts warm up and lesson of the day (Intro to staff )  
11:15 – 12:15 - Sand castles building, Beach relays and water play.  
12:15 – 1:00 – Rinse off /Lunch  
1:00 – 2:00 – Jam Session – Group song.

### **Monday, August 15**

10:00 – 10:15 – Meet and Greet/ Group orientation  
10:15 – 11:15 – Kite flying  
11:15 – 12:00– Water Play/ball play  
12:00 – 12:30– Rinse Off /Lunch  
12:30 – Music and movement Jam Session!

### **Monday, August 8**

10:00 - Meeting point in parking lot.  
10:15 – 10:30– Warm up circle, Orientation to Ball Skills!  
10:30 – 11:15– Choice between soccer, football, volleyball, kick ball.  
11:15 – 12:00 – Water play with balls and noodles.  
12:00– 12:30 – Rinse off / Lunch  
1:00 – 2:00- Music warm up (Dance and Movement) Focus –Song writing experience.

### **Friday, August 12**

10:00- 10:15 – Meet and Greet /Group orientation  
10:15 – 12:00 – Surf lesson – Water Play.  
12:00 – 12:45 Rinse off/ Lunch  
12:45 – 2:00 - - Music warm up (Dance and Movement) to child selected music. Instrument exploration and Jam session  
2:00 – Parent pick up!

### **Wednesday, August 17**

10:00 – 10:15 - Meet and Greet  
10:15 – 11:15– Martial Arts warm up and lesson of the day.  
11:15 – 12:15 – Race to the water  
12:30- 1:00 - Rinse off/ Lunch  
1:00 – 2:00 – Music lesson – Work on group song and Lyrics.

2:00– Pick up

**Friday, August 19**

10:00 – 10:15 – Meet and Greet/ Group orientation

10:15 – 10:45 – Swings, rings, monkey bars etc. Follow the leader.

10:45 – 11:00 – Walk to the Pier

11:00 – 11:30 – Roller coaster or ride of choice (child must have \$5.00)

12:00 – 12:30 Lunch on the pier .

12:30 -2:00 – Painting

2:00 – Pick up at the Pier

**Wednesday, August 24**

10:00 – 10:15 - Meet and Greet

10:15 – 11:15– Martial Arts warm up and lesson of the day.

11:15 – 12:15 – Race to the water

12:30- 1:00 - Rinse off/ Lunch

1:00 – 2:00 – Music lesson – Work on group song and Lyrics.

**Monday, August 29**

10:00 – 10:15 – Meet and Greet/ Group orientation

10:15 – 10:45 – Beach scavenger hunt

10:45 – 11:00 – Walk to the Pier

11:00 – 11:30 – Roller coaster or Bungee jumper (child must have \$5.00)

12:00 – Head back to Music and movement Jam Session!

12:15 – Lunch

1:00 – 2:00 – Music Warm up and Performance Rehearsal.

2:00– Pick up

**Monday, August 22**

10:00- 10:15 – Meet and Greet /Group orientation

10:15 – 12:00 – Surf lesson – Water Play.

12:00 – 12:45 Rinse off/ Lunch

12:45 – 2:00 - - Music warm up (Dance and Movement) to child selected music. Instrument exploration and Jam session

2:00 – Parent pick up!

**Friday, August 26**

10: 00 – Meet and Greet

10:15 – 11:15 – Surf lesson and session

11:15 – 12:15 – Roller coaster or Bungee jumper (child must have \$5.00)

12:15– Head back to Music and movement Jam Session!

2:30 – Pick up.



**Monday, August 29**

10:00 – 10:15 – Meet and Greet/ Group orientation

10:15 – 10:45 – Beach scavenger hunt

10:45 – 11:00 – Walk to the Pier

11:00 – 11:30 – Roller coaster or Bungee jumper (child must have \$5.00)

12:00 – Head back to Music and movement Jam Session!

12:15 – Lunch

1:00 – 2:00 – Music Warm up and Performance Rehearsal.

2:00 – Pick up

**Wednesday, August 31: LAST DAY OF CAMP**

10:00 – 10:15 – Meet and Greet/ Group orientation

10:15 – 10:45 - Martial Arts Warm up and Performance Rehearsal.

